### Our Mission

The Beausoleil Family Health Centre will provide and promote holistic health and wellness programs.

We will work to the best of our ability, to improve the spiritual, physical mental and emotional wellbeing of the Beausoleil First Nation.





## Irene Monague

#### **Service Providers:**

Angela Schmidt —registered massage therapist (once monthly) Dean Perry —Acupuncturist and Herbal Consultant (once monthly) Arrole Lawrence—Energy Healer (once monthly) Ingrid Beam—Arthritis Rehabilitation Program (once monthly) Jon Clarke—Foot care 4 weeks—high risk 6 weeks—low risk Good Food Boxes — every 3rd Wednesday of the month

Beausoleil Family Kealth Centre

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#### **Community Health Representative**

156 Mkade Kegwin Miikan Christian Island, ON LOK 1C0

Tel: 705 247 2035 ext. 28

Fax: 705 247 2006

Community Kealth Representative

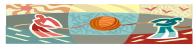
The Program is aimed at taking a proactive role in planning, developing and implementing health promotion and health education activities. This is accomplished through clinics, workshops and activities which ensure aboriginal cultural values are maintained. The main role is to motivate community members to participate in health programs and to assume active responsibility for improving and maintaining optimum level of health and contribute to improved community health conditions.

#### Community Health Rep.

-provides health advocacy, referral and development services that benefits Beausoleil First Nation members.

-takes role in developing and implementing new health programs and initiatives.provides assistance with programs.

-assist in the provision of health services to clients and their families.



Let 's hold our community together

monitor the West Nile Virus in the community and regularly reports research findings to Health Canada

Beach testing week (Tuesday's) May-September

Basic procedures for blood sugar, blood pressure and weight recording as requested.

• Participate in regular health team meetings special health related events and program activities.

# Services provided by the CHR:

- West Nile- testing
- Beach water- testing
- Health Card Renewals
- HIV/AIDS info.
- Health related workshops
- Diabetes Programs
- Schedule appointments with our service providers listed on (see back panel)
- Good Food Boxes
- Research health information for clients off internet
- Rabies Clinics
- Working side by side with EHO (Environmental Health Officer)
- Assist in providing educational material to patients
- Knowledge of the First Nations (language, history/culture & dynamics)